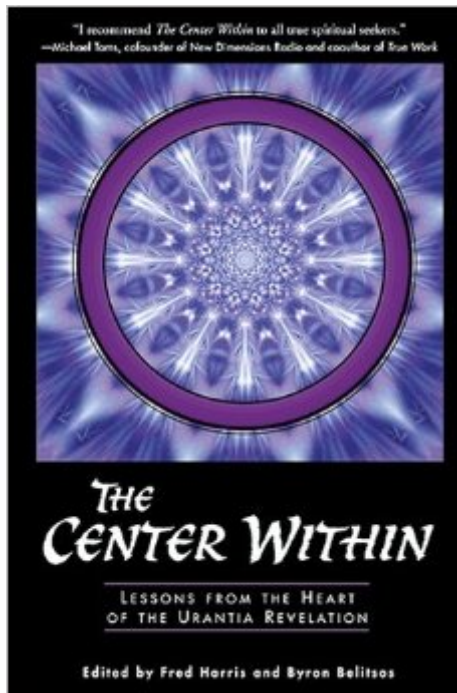


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The Center Within: Lessons From The Heart Of The Urantia Revelation



Synopsis

Presenting spiritual teachings previously known to few on this planet, this book contains lessons that are based on the legendary 20th-century revelatory document known as The Urantia Book. These exercises bring the Urantia Revelation to life, unveiling for the first time the spiritual essence of this underground masterpiece in a series of practical lessons that simplify and amplify its majestic teachings. This unusual book of celestial wisdom shows that the spiritual path must eventually lead to the divine center within, the indwelling light that corresponds with the transcendent light of God. The 130 lessons restate the original teachings of Jesus--as presented in The Urantia Book--within a startling new cosmological framework.

Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (14 customer reviews)

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Customer Reviews

When I was first introduced to The Urantia Book a number of years ago, I was encouraged to look beyond the obstacle of authorship and judge the validity of it's message on it's content. The idea that the truth would "ring true" deep within my being was often expressed. I took this advice to heart, and as I immersed myself in it's pages, I was rewarded by a whole choir of bells ringing true within me. It pains me to think how many people out there are depriving themselves of this amazing message just because they can't deal with the possibility that the papers were authored by "superhuman beings". It really doesn't matter who wrote the papers at all, what matters is the message. I, for example, am writing this review. Very few people who read this actually know me, so the majority of you will have to ponder what I have written and take from it what you will. Why should

any other message be any different? That many people will choose not to read *The Center Within* because of the source of its teachings pains me as well. Many of the same Urantians who will encourage those reading *The Urantia Book* to look at the message and not judge the book by its authorship will do exactly the opposite to this book. And as with *The Urantia Book*, those who choose to ignore this book are depriving themselves of a beautiful, uplifting, and even practical message. I would encourage everyone, Urantian or not, to open themselves to this message. I know that you will not be disappointed.

Religious dogma and ritual have, at times, obscured the unifying fact that we are all children of God. This book is an attempt to focus our attention to one of the most basic aspects of our brief life here on earth - sharing God's love. With a *Urantia Book* backdrop, *The Center Within* reminds us that God resides in each of us and encourages us to communicate with God through daily meditative "stillness" practice. It gives practical suggestions on how best to accomplish that connection with God and describes the fruits of the spirit that will emerge from that practice. Check it out, folks. I think you'll like it.

This is a wonderful addition to the *Urantia Book*. It gets down to the nitty-gritty of some of the teachings and adds practical advice to each of those teachings. You may not agree with all of its advice or with all of its explanations of the teachings, however, you will agree that it is a must have for anyone on a spiritual journey. The *Urantia Book* is one of the most inspiring books in print today. Its teachings are timeless and life giving. *The Center Within* takes a look at these teachings and brings them to the practical level of experience. From meditation (stillness) to social interaction, *The Center Within* is complete and full of loving insight!

This "must have" book is a guide post to spiritual living. It ignores dogma and religionists while championing the living faith of Jesus. Those who find no home in organized religion will find comfort and a friend in these pages. Compelling, encouraging, thoughtful; yet easy to read and understand. Offers great hope for these troubled times.

For those who feel the 2,097 page tome, called *The Urantia Book*, is too much to handle all at once, I highly recommend *"The Center Within"* as a heart-based way to feel God's love through the UB. Short paragraphs followed by quotations or sections of the UBook seem to be just the ticket for busy Urantians who can only manage small bites of Truth to absorb and practice daily. Patience is

required reading the Big Blue Book, but having an intro book lights the fires of a spiritual seeker.

I had expected a more traditional book-style text, explaining some of the principles of the Urantia book in easy language. Instead, it was in the form of short 1-2 page essays. Each one was accompanied by a matching excerpt from the Urantia book. Even though it wasn't what I expected, I enjoyed it. The channelled messages do give additional insights and advice for daily living. I'm marking it down a bit because about 30 pages were out of order. I had considered sending it back, but the postage would not have been all covered by , plus, I thought chances were good I would get another misprinted copy. I'll keep it around to refer to from time to time whenever I need a dose of inspiration.

I'll admit it, I was not willing to commit the time to read all 2000 or so pages (or whatever it is) of the entire Urantia Book. Still, I was curious to know a little about it. I read excerpts and commentary compiled/written by Elstrott in The Fifth Revelation (which I do recommend), but I wanted more. I thought that this book, The Center Within, would be like that, but unfortunately it was not so. The Center Within appears to be a collection of "channeled" (not sure what else to call them) messages that are said to be related to the Urantia teachings. There are quotes from the Urantia book after each message on a similar point, presumably selected by the editors. I realize that the Urantia Book itself may have a similar "channeled" origin (again using this terminology for lack of better), but this makes "double channeling" I guess and a bit much for me. In fairness, the messages are not bad, although a little repetitive and preachy at times. I did find some to be quite inspirational, but overall this book was just not I was looking for when I got it.

This book changed my life, it really brings out the message of the Urantia book & got me into short daily meditation with my thought adjuster

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